BREAKFAST

EGGS	
eggs your way* 480-1550 cal. choice of whole eggs/whites, applewood-smoked bacon, pork or harvest apple chicken sausage, with breakfast potatoes or tomatoes, and artisan or multigrain toast	15.5
farm stand breakfast bowl* 610 cal choice of quinoa and brown rice blend or breakfast potatoes, oven roasted tomatoes, seasoned baby kale, avocado mash, topped with two eggs your way, and parmesan cheese	14.5
bistro breakfast sandwich* 620 cal fried egg, applewood-smoked bacon, aged white cheddar, arugula and avocado mash on a brioche bun	12.5
breakfast burrito 920 cal scrambled eggs, applewood-smoked bacon, green onions, breakfast potatoes and jack and cheddar cheeses in a tortilla with tomato salsa and avocado mash	13.0
two egg omelet* 1080 CAL with aged white cheddar, caramelized onions, applewood-smoked bacon	14.0
frittata* 380 cal. (f) choice of whole eggs/whites, monterrey jack cheese, lightly dressed arugula, torn basil, cucumber, grape tomatoes and avocado mash	14.0
balanced breakfast sandwich 390 CAL scrambled egg whites, turkey breast with arugula, roasted green chile + aged white cheddar on english muffin	14.0
loaded breakfast tots* 580 cal. (f) tater tots, chile lime, cheddar cheese, green onions, bacon, buffalo ranch dressing	8.5
add scrambled eggs 280 cal 🚯	2.0
ham, egg & cheese croissant* 540 cal fried egg, ham, aged white cheddar on a croissant	10.5
BREAKFAST BOARD avocado toast 520 cal. multigrain toast with roasted tomatoes, hard-cooked egg, lemon-dressed arugula morning flatbread 950 cal. scrambled eggs, herbed cream cheese, cheddar cheese, green onions, bacon,	13.5 14.0
avocado mash, salsa bagel: plain or everything 360-480 tal. the choice of plain cream cheese and jelly or herbed cream cheese	6.5
FRUITS + GRAINS	
fruit & yogurt parfait 240 cal. (1) greek yogurt, fresh berries, granola, honey	9.5
steel cut oatmeal 350 cal vermont maple syrup, fresh blueberries	9.5
fruit & berry cup 60 cal (1) GF	9.0
the continental 650-820 CAL V yogurt, blueberry muffin, banana and choice of tall brewed coffee, hot tea, milk or juice.	12.0
GRIDDLED	
french toast with strawberries 540 CAL dipped in cinnamon-vanilla custard and griddled, topped with powdered sugar, fresh strawberries, vermont maple syrup	12.5
lemon blueberry ricotta pancakes 700 tal. 10 topped with blueberry reduction and whipped ricotta, vermont maple syrup	



LUNCH/DINNER SOCIAL SNACKS

hummus 700 CAL V oven-roasted tomatoes, crisp vegetables, flatbread	10.5
french fries & duo dip 990 CAL GP garlic aioli and green goddess dressing	11.5
skillet meatballs 690 CAL pomodoro sauce, and parmesan, garlic toast	14.5
grilled chicken & bacon quesadilla 850 CAL tomato salsa, avocado mash	14.5
classic chicken wings buffalo, with blue cheese dressing 1090 cal chili-lime, with green goddess dressing 1080 cal	16.5
loaded tot-chos 660 CAL (F) tater tots, jack cheese, chili lime seasoning, buffalo ranch and green good dressing, green chile, green onions, bacon	12.5 ddess
margherita flatbread 610 cal (V) oven roasted tomatoes, jack and parmesan cheeses, fresh basil	13.5
pepperoni flatbread 620 cal basil	14.0
grilled chicken flatbread 620 cal bacon, tomatoes, green onions, green goddess drizzle	14.5 HALF FULL
crispy brussels sprouts 530-810 cal 🚱 🕚	9.5 12.5

GREENS + GRAINS caesar 395-790 CAL parmesan, olive oil toasted breadcrumbs + creamy caesar	HALF FULL 6.5 13.0
mediterranean grain bowl 750 cal. V GF quinoa and brown rice blend, baby kale, arugula, oven roasted tomatoes, parmesan cheese, lemon vinaigrette	14.0
modern cobb salad 750 cal grilled chicken, applewood-smoked bacon, hard-cooked egg, grape tome avocado mash, gorgonzola and green goddess dressing	14.0 atoes,
add chicken 110 cal	65

BISTRO CLASSICS soup of the day 370-830 cal. CUP 8.5	
the bistro burger 810-1180 cal aged white cheddar, lettuce, tomato and garlic aioli on a brioche roll, with french fries or arugula salad	16.5
Beyond Meat® burger 850-1230 CAL (16.5
turkey avocado b.l.t. 800-1170 cml applewood-smoked bacon, romaine, tomato, roasted garlic aioli on Texas toast bread, with french fries or arugula salad	14.0
three-cheese grilled cheese & tomato soup 840 cal white cheddar, jack cheese, parmesan on artisan bread, classic tomato soup	13.5
grilled chicken sandwich 680-1090 CAL aged white cheddar, lettuce, tomato and garlic aioli on a brioche roll, with french fries or arugula salad	14.5
buffalo fried chicken sandwich 770-1180 tal gorgonzola crumbles, coleslaw on a brioche roll, with french fries or arugula salad	15.5
bbq pulled pork sandwich 720-1130 cal with coleslaw on a brioche bun served with french fries or arugula salad	16.0